

From the time your child is born, you can stimulate his or her interest in reading by adopting the following good habits. You can climb the reading ladder together!



Growing up *with reading*

0 to 3 years old: *Book discovery time*

- I discover what books are by holding them and playing with them.
- I love being read to out loud.
- I love having you read to me every day, and telling me the same stories over and over again!

3 to 5 years old: *Time to explore letters, sounds and words*

- Talk to me about the pictures, the characters and the story. And let me ask lots of questions!
- Make up a new story based on the one you read to me.
- Follow the words with your finger when you read to me. That way I'll understand the connection between what's written down and what's being said.
- Let's have fun finding sounds and letters I know in the book (for example, "My name is Jane and there's a J in my name").
- I love being the centre of attention, too. Let me read the story in my own way.

5 to 7 years old: *Time to learn to read*

- You're a great example to me. Even when I start learning to read on my own, I'm delighted to have you read to me.
- Let me read at my own pace. When a book is hard, why not read it together?
- Encourage me in my attempts to read.
- Talk to me about what happens in the story, and help me to make connections with my own life.

7 to 10 years old: *Time to become an independent reader*

- My tastes are getting more and more specific. Allow me to choose my own books without insisting that they have a lot of text.
- Even if reading is getting easier and easier for me, I still really like it when you read me stories.

And don't forget!

The most important thing for me is to be surrounded by a wide variety of books: ABCs, poetry books, periodicals, comic books, magazines, nonfiction books, novels, etc.



Éducation,
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